

My Breast Cancer Journey...My LONG Story!

Darcy Novick



November 8, 2010

Went to Dr. Seidman for a routine Gyno exam. Had some fun chatting with him. He tried to talk me into getting some Halo exam to detect Breast Cancer earlier than normal, but it wasn't covered by insurance and he said the test was a little uncomfortable. I said "I'll pass and when I get the BIG C you can say I told you so" – He came around from examining me and hit me on the head and then went back to examining me. I left with a prescription for a Mammogram and a sonogram.

November 9, 2010

Made an appointment for a Mammo on the 17th and a sonogram 3 weeks later – They can't be done on the same day – Damn insurance!

November 17, 2010

Went for the mammo – Had a car accident on the way to work! HmMMM

November 18, 2010

Got a call on the way to Matteo's Restaurant that there was something wrong with the Mammo and they want me to get a sonogram. "No problem", I told them – I had an appointment in 3 weeks! They said "oh no, we'll get you in sooner" – I said "uh oh!" They said they couldn't get me in until after Thanksgiving. I said "OK". My friends told me to call my Dr. ASAP and demand an appt sooner. So I did...and he said "don't worry, this is normal, you can wait"...So I did...

November 30, 2010

Went for a sonogram...Apparently, they liked me so much they invited me back for a biopsy on December 6th!

December 5, 2010

Watched Gene Simmons reality show and the wife was getting a core needle biopsy – the same procedure I am getting tomorrow. so I watched...ugh..when it was done the producer asked her if it hurt and she said yes. I don't want to go.

December 6, 2010

Got the Biopsy – I didn't feel the numbing needle and the procedure wasn't bad, I was just waiting for the hurt that I heard about on TV the night before– so I was so nervous. When it was over, all I wanted to do was write a letter to Gene Simmon's wife and tell her she was dumb for scaring anyone away that might have to get this important procedure!

December 7-9, 2010

Got lots of attention while I was waiting for the results, but deep down I KNEW it wasn't going to be Cancer – After all, my Mother has had a biopsy and so has my sister. We are a Cystic family! Besides, we have NO Breast Cancer in the family!

Friday, December 10, 2010

Sat down at my desk at work and Dr. Seidman called my cell. He said, "We got the results of the Biopsy and they found Cancer" – I don't remember anything else he said except for giving me the phone # to a surgeon and I wrote the number down. I looked at the 5 girls in my surrounding office and decided to pretend that the call didn't come in yet – I had to process this new information! 2 minutes later my cell phone rang. It was the Biopsy place saying "Darcy? Dr. so and so wants to talk to you, we say this to all our patients – are you driving?" LOL – sure you say it to all your patients! So this doctor tells me I have Invasive Ductal Carcenoma! All I heard was CANCER AND INVASIVE –I just felt like something was ravaging my body! I needed to call my parents ASAP. I needed privacy – I decided to go to my boss's office, since he is never there. Well I walked in and unfortunately for Alan, he was IN his office. I looked at him and said "I have Cancer, you are the only one who knows and I don't know what to do" – Poor Alan! Tough day at the office, wouldn't you say? I decided to go to the bathroom and call my parents. I got my Mom on the phone and said "it's Cancer" she said "what?" jeez, why did we spend \$5000 on hearing aids? I said it louder. "IT'S CANCER" – then I sat on the bathroom floor and cried. This happens to OTHER people – not me, not us, not MY family! This is a living nightmare! Told the girls at work – They told me to call and get the size and the stage of the cancer... So I did...– 14 millimeters...is that small? Who knows the metric system? NO ONE IS TELLING ME THE STAGE! I called the surgeon Dr. Seidman recommended

– and they had appointments Monday and Thursday –I said I’LL TAKE MONDAY! They told me to get my records and that might take a few days so I should take the Thursday appt. I said OK. I ordered my records and they said “a few days”...ugh...I went to dinner with Lisa, Mom and Dad – first time in our lives we didn’t eat that much – my sister needs me and I need her – this isn’t supposed to happen; this can’t happen!!... Although we managed to polish off 2 bottles of wine–I don’t know if they had any...conversation was at a minimum – I guess we were all wondering what our future holds...

December 11, 2010

Probably the worst day of my life – Woke up and opened one eye and said “oh shit, it wasn’t a nightmare – this is really happening to me! ME! And worse, my family.. My sister wants to kill herself and be buried next to me – The girl that hated me our whole childhood and beat me up daily wants to spend eternity with me! I must be REALLY sick–she's being too nice! I went bathing suit shopping with Mom – she lost 54 lbs so I was excited to go for her...

Then to lunch and then the jewelry store. Nothing was fun, I was miserable everywhere I went... We finally went home – I watched a movie with my parents in their bed – me in the middle, each of them holding one of my hands Ate dinner at Mom and Dad’s and slept upstairs in my room. This is so depressing...I’m bringing doom and gloom to everyone! Ugh... I called Saranne earlier in the day; she is head of Comedy cures and a Stage IV Breast Cancer survivor – I have been donating to her charity each year from my Comedy Fest. Saranne explained to me that I have to deal with this differently. I can cry – (during certain times–and I have to treat other times like I would a business. Don’t be the crying cancer victim going to the doctors– she said I should be Darcy...Treat it like the comedy Fest – Get done what needs to get done and don’t take no for an answer! Be my funny self– people are nicer to funny people...Then she said when I start crying outside my allotted time – I should say out loud NOT THIS NOT THIS. That didn’t work well today, but I tried.

She also said I need to repair any relationships – That this happened for a reason and I need to get more involved –To give back, etc...That I will! I also need to make a “Bucket List” and a few other tips that I can’t think of right now. Lots of people called with Doctor advice –I am going to call the Doctor Rita gave me. Karen Kostroff. She has a nice website. I don’t want to go to Sloan Kettering. Not the city type for this! I spent the whole day planning my funeral in my mind. I would write my eulogy and ask Richie to read it– The final Comedy Fest starring me... – I would make it funny – no crying...This is crazy – I can’t believe I am planning my OWN funeral and making it funny – I wish I could watch it!! A FUN-ERAL....

December 12, 2010

Feels like Ground Hog day – I woke up again and said ugh...I have Cancer! Is this how I'm going to wake up every day from now on? Maybe I'll take Xanax all day to sleep through the day. NO –Instead I went on Facebook and posted that I have Cancer, and that I won't let it interfere with the Comedy Fest, which by the way tickets are on sale and make a great Xmas gift – The response was overwhelming- Well, I didn't sell any Comedy Fest tickets, but I heard from every person I ever knew! Some Breast Cancer survivors – Some had friends who survived, etc. What a "tolerable" Day it turned out to be. I went home and my sister Lisa came over – We went to my neighbor Rita's, who was having company and we were all talking and Lisa just started crying – (how could I cause all this misery? I HATE this!) We met the Roth's for dinner – always a fun time – Went home and Diane and Patty came over – as well as a visit from Karen and Rita. Friends and family are so important and I have great ones!

December 13, 2010

Woke up with a mission. I NEED my records today and a doctors appt TODAY. I CAN'T wait till Thursday for answers. Spoke to Jeanne on the way to work and at 8:05 I called the records office – I told them I had a Dr's appt and needed my records ASAP. They said OK – That's right – this is a business and I need what I need NOW! Then I called Karen Kostroff at 9am – They had no appointments – I bribed the receptionist with makeup and got a 1PM appt –Then I called Conte's office and asked if I could change my appt from Thursday to this afternoon. No can do. I went into bribe mode again and got a 3:30 appt. OK – All set – My records and 2 doctors ALL IN ONE DAY– I am GOOD! The Verizon Network came with me (I call Mom and Dad that because if I took two steps to the left this weekend, so did they) –Both doctors said the same thing – STAGE ONE! I need a lumpectomy and 5 weeks of radiation. I was so happy that both doctors said the same exact thing – I talked it over with my parents and we chose Dr. Conte – Let's move and move fast! Dr. Conte ordered a PET Scan and an MRI and I will have surgery on the Jan 5th – He will be away the last week of the year and I will be in Puerto Rico anyway...

December 14, 2010

Did the Happy Dance all day and went to tennis...Kicked some ass and went to dinner with Pasquale at Ginos. I'M SO RELIEVED – Well...I want the PET Scan to be over and to get the results, then I'll be a lot happier!

December 15, 2010

Did the Happy Dance all day again and worked out with Ryan at night- That felt great!

Thursday, December 16, 2010

Had a PET Scan today to see if the Cancer spread- Not bad - you get an IV put in - didn't love that -then you have to sit and watch TV for an hour and not talk - That was the hard part for me - When I found that out, I told my Dad he had to leave because I knew if I couldn't talk and he was there, I was going to get the giggles! So they injected the dye in me and I had to drink 2 big apple smoothie type drinks. Then after an hour, they brought me in the room - I requested Beatles music (the choices were limited) got on the table - it was cold in there - Oh -definitely have to remember to wear normal sweats and no zippers -so I can wear my own clothes next time - I hate gowns! I had to put my arms over my head for 24 minutes - only problem was I wasn't allowed to move and my eye teared for a sec and that one tear rolled down and landed into my ear...it was so itchy and I had to wait 24 minutes to fix that! Well, it's over now - Next stop - MRI.

December 20, 2010

Got the results of the PET Scan. The Cancer didn't spread - I feel MUCH better!

December 23, 2010

Got an MRI with Contrast - Not fun, but in the grand scheme of things - I'll take it!

Sunday, December 26, 2010

6th worst snow storm on history. Flight to Puerto Rico tomorrow is canceled. This really isn't my year.

After many hours on the computer, I managed to get a flight at midnight tomorrow night!

My family can't go, but Philip and company are there and Nikos is going tomorrow too. I will have fun with them and keep my mind off you know what.

Monday, December 27, 2010

Was taking a nap when the phone rang. It was Dr. Wang - Dr. Conte is away but the results of the MRI came back and there are 2 "areas of enhancement" that need to be biopsied! One on

each breast! He said he is cancelling the surgery and will have someone call to arrange the biopsies (that will be done at the same time) – He said it might “change the course of the surgery”. Houston we have a problem! Now I need more opinions –After this test –I will go to Sloane Kettering and get another opinion... I’m not looking forward to 2011 so much...My flight was canceled again – No Puerto Rico this year – who cares...Hanging with my family here has been very comforting...Thank god for them!

Saturday, January 1, 2011

Ugh 2011 is here – All fun stuff is over and all Cancer stuff coming up.....I think it’s going to be a tough year...hopefully just the first quarter – By comedy Fest I am hoping to have most of this crap behind me! New Year’s resolution – Lose the cancer!

Monday, January 3, 2011

Not a good start...Got a virus last night and missed my biopsy. 101 fever and puked for 4 hours! Next appt is the 13th....

Thursday, Jan 13, 2011

MRI Guided Double Biopsy. Got an IV – This time I told them where I wanted them to put the needle – I am starting to take control (of some things). Had to lie face down where they put me in an MRI machine for 10 minutes then numbed my boobs with needles – didn’t feel anything after that. Nurses were Maureen and Mary – SO SO SO nice! Who ever invented these procedures is bizarrrrreeeee! But I'm thankful they exist!

Saturday January 15, 2011

SO BLACK AND BLUE – Looks like someone beat the daylights out of my boobs! Dad's Birthday – I'm so glad he is here for me. I need my parents more than ever now!

Monday, January 25, 2011

Appt for 2nd opinion at Sloane. LOVE IT! Best coffee EVA in the waiting room. Just one question, why do they serve Sweet and Low at Sloan- isn't that a little cancer promoting? Are they trying to increase business? Got all kinds of information- and a log on to their website where I can apparently view my records and appointments. Dr. Heerdt was great – Agreed with everything my Doctor said –I am going to change to Sloane. Met with an assistant who explained EVERYTHNIG to me, gave me lots of reading material-then I went for a mammogram since I forgot to get those records after my biopsy –so I decided it was easier to

just get another one right then and there. I then made all my appointments for pre-op, mapping, surgery and post-op and as I'm writing it all down, the guy scheduling the appointments hands me a piece of paper with it all printed out for me...LOVE THIS PLACE!

Thursday, February 3, 2011

Lisa took me for Pre-Op testing – we met a guy named Barry in the waiting room who was diagnosed a week ago and didn't tell his kids yet...I felt so bad for him, I really AM lucky! Pre-op was fun – We laughed with Jennifer as she did an EKG and took my blood while I practically broke Lisa's hand as I held it..then I had the medical history questions...Did I ever do drugs? OY – how far back are we going I asked? Does college count? Lisa and I had a good laugh recapping our “younger” days...lol – glad that's over. (The testing AND the younger days).

Friday, February 4, 2011

Went for a physical – my doctor wants me to get a vaginal sonogram since I still have my ovaries and a colonoscopy...Why do I feel like I aged 20 years this month?

Got a call from Mom and Aunt Marilyn...Aunt Marilyn was diagnosed with Colon Cancer at her colonoscopy...this sucks! The sun'll come out tomorrow....

Saturday, February 5, 2011

It rained and sleeted today. No sun...maybe tomorrow...

Tuesday, February 8, 2011

Had to get injected with Radio Active Dye so they can locate the lymph nodes they are taking out tomorrow. It hurt like a bee sting – not the worst...Then had to wait 2 hours and they took 10 minutes of pictures...Tomorrow D Day! Glad it's going to be finally over...They gave a card to flash if I am going to an airport in the next few days since I am radioactive –I would have to inform them...why I think that's kinda cool, I have no idea.

Wednesday, February 9, 2011

Surgery Day...Next time I write – it will be OVER!!! Good luck...over and out...

Thursday, February 10, 2011

Surgery –Piece of cake...well, except for those wires they put thru my boobs while standing up....I think it was more of a fear of the unknown that the whole process.

Did my arm exercises – determined to get my range of motion back!

Thursday, February 17, 2011

Went for Post-op appointment. I have an infection. NO WONDER IT HURTS SO MUCH! Got antibiotic. They are sending a sample of the tumor to CA for a test called the Oncotype to see if I need chemo or just radiation. I go back on 3/3 to meet with a Medical Oncologist- Dr. Seidman – what a coincidence! Same name as my gyno...

Saturday February 19, 2011

It still hurts, this sucks!

Sunday February 20, 2011

4:30 am woke up and my incision started POURING out liquid – I called Lisa and told her we had to go to the hospital immediately– it wouldn't stop pouring out so I called Diane to come over and make sure I didn't pass out while I waited for Lisa. We called Sloan and they said it was normal. NORMAL? Are they nuts? Who has liquid pouring out of them like this? I called Lisa and told her to just bring coffee...lol – so we all hung out at 5 AM...Leaked all day on and off.

Monday February 21, 2011

Still leaking...it's like the energizer bunny...still going....

Wednesday, February 23, 2011

Went back to Sloan – Got more antibiotics

Thursday, February 24, 2011

First full day back at work. It wasn't easy...

Sunday, February 27, 2011

Just don't feel like me yet...

Monday, February 28, 2011

What a difference a day makes...I feel like ME! Great day...

Tuesday, March 1, 2011

KICKED ASS AT WORK AND IT FELT GREAT!

I hope Thursday goes well!

Thursday, March 3, 2011

Met with the Radiation Oncologist. Dr. Seidman – He grew up in Old Bethpage – 1 block away – Dated my old neighbor Jodi Cook in 8th grade and knows Cindy Roth – small world! The Results for the Oncotype test never came – Apparently, there was a form not sent from my surgeon to the lab in California and they won't release the results until they get Aetna's approval. Learned a lot about chemo, pros – cons – etc...my grade is a III (cells under a microscope are in disarray) – that's not good, but my other numbers are...this sucks! NEED ANSWERS!

Friday, March 4, 2011

Was determined to get the Onco type results TODAY even though they said I'd have to wait till Thursday! I Chased documents all over the country, making calls re-telling my story all day long! BUT at 5PM I got the results! PERSEVERE! Unfortunately my score was a 30 and I need chemo! But at least I got the results that they told me I couldn't get till next Thursday. Gotta get a new Oncologist! Don't want him. Marilyn came home from the hospital today. YAY!

Saturday, March 5, 2011

Lisa's Birthday...exercised today...that always helps mentally. Can't believe I need chemo! At least I'll lose weight! Wonder what I look like bald?

Wednesday, March 9, 2011

Went to my NEW oncologist – Shari Goldfarb – LOVE HER! And the nurse Andrea...Had my first chemo treatment – it wasn't bad – got to Sloan at 12:30 and left at 7PM...LOTS of waiting!

Have to give myself an injection tomorrow...NOT – I'll have to delegate that! Lots of new rules – have to cancel my dentist appointment, my sonogram and my colonoscopy. NOTHING invasive. Can't go on a plane. Avoid large crowds, can't get sick. Rinse my mouth 3 x a day...oy – how am I going to do this? I am so NOT a germaphobe. I guess I'll live by the 45 second rule when I drop food instead of the 5 minute rule, lol.

They told me I was going to gain weight. I said NO! CHEMO-SKINNY!! Cmon...there has to be one perk! I am determined NOT to gain weight. I signed up for a clinical trial where I have to exercise through chemo and radiation. That ought to keep me on track! They also said I wasn't going to lose my hair, it might thin but I won't go bald from CMF.

Thursday March 10, 2011

Did 4 miles on the treadmill and 4 miles on the bike – If they told me there was a placebo in the IV yesterday, I would believe them – I feel great! Chemo is easy!

Friday, March 11, 2011

OK – maybe this isn't going to be as easy as I thought...I had to take the anti-nausea medicine twice. Went to Donovan's to meet a few tennis friends and there were 12 people there to surprise me! They all wore shirts that said "WWDD" (what would Darcy do?) and on the back it said LOB! How sweet and thoughtful – I LOVED IT! I have nice friends! It was nice to get out – but I was feeling a bit queasy – but not terrible..had fun anyway...

Saturday, March 12, 2011

Went to Mom's to meet Mom, Marilyn and Cathy for lunch. Felt like I was going to cry the entire day. I wonder if this is a side effect – hope not – I feel so weepy...Went to Mims for dinner with Mom, Dad and Marilyn and then home.

Sunday, March 13, 2011

Woke up miserable again. Diane came over for a chat – I just can't stop crying – I get the logic that I'm going to be ok – but I just can't help but go down that dark road of what if's...then I start to feel overwhelmed with everything going on...work – comedy Fest – needles-chemo-upsetting my family – MAKE IT GO AWAY! This is overtaking my life I think about it 24/7 – it's driving me CRAZY! Somehow I have to deal with this – 3 months of this will drive me crazy! I just heard on TV good things happen to good people...Am I a good person? What did I do

wrong to get this? OR... am I lucky that this was caught early and it's a good thing? I AM going nuts- Maybe going to work tomorrow will help! Hopefully...My head is spinning!

Wednesday March 16, 2011

Went to Sloan to see Dr. Lacouture – what a hottie! I have a rash where the biopsy was.(of course I do) Got all kinds of cream bla blabla bla...He asked if I was getting any rashes on my soles or palms...That can happen from chemo...I wasn't but somehow I know it's coming...PLEASE DON'T! On a HAPPY NOTE – Marilyn doesn't need chemo or ANYTHING – she is good to go. THANK GOD!

Thursday March 17, 2011

Why do I have to worry every time I put a comb thru my hair that my hair is going to fall out? I HATE this. My mind keeps going to horrible places and I hate it.

Friday, March 18, 2011

Didn't feel right today. Had to take an anti-nausea pill. Last Friday and THIS Friday...Maybe it's a pattern?

Sunday, March 20, 2011

Went to the gym and ran 5 miles yesterday and today. I feel fine. Go figure...Guess we'll have to just take advantage of the good days and roll with the bad ones.

Wednesday, March 23, 2011

CHEMO # 2 of 8. Dad came with me. Allison Wolin came to visit...HATE NEEDLES!

Thursday, Mar 24, 2011

Feel ok...fingers crossed – worked out with Ryan then gave myself the shot – didn't hurt – I wish I would remember that so I wouldn't get so nuts leading up to this!

Friday Mar 25, 2011

Can't stop crying again. Went into bed at 6:30 – skipped Bruce's party. Guess that is my side effect –I feel like time is standing still – BUT – it's almost April! We are getting there...Steven Roth told me "inch by inch, it's a cinch...yard by yard – way too hard."

Saturday, March 26, 2011

Still weepy – but ran 5 miles...

Thursday, March 31, 2010

Feel ok today- first time in a while – but the day usually starts out that way – it's only 8am – fingers crossed- this is so exhausting...I thought I was tougher! Did the video for the clinical trial today – maybe that's why I;m tired –it was NOTHING – I can't believe that would exhaust me – ok – off to work – trying to keep that in check!

Saturday, April 2, 2011

My scalp felt sensitive in the shower – Hope it doesn't mean anything!

Monday, May 2, 2011

I have this pain in my upper back for the past week – it's SO annoying! BUT Wednesday is chemo # 5 of 8...Keeping busy – Mohegan Sun this weekend and 2 weeks to Comedy Fest...then I will be one month done! I have an appt on May 10 with the Radiation people...moving right along...

Friday, May 6, 2011

WORST DAY YET, Left work and cried the whole day...it's getting harder

Monday, May 9, 2011

Today is my niece Nikki's Birthday. I wish she was here with me! I wish she lived here actually! Left work at 4 – didn't feel well...back is killing me...Now I have a stabbing pain going through my ring finger WTF! Took pain killers and stayed in bed.

Tuesday May 10, 2011

Woke Marilyn in the middle of the night – Stabbing pain in finger again...this is really starting to suck...

Saturday, May 14, 2011

9th Annual LI Comedy Fest. What a night! The people at Westbury are so nice – they didn't take a percentage of the shirts since the money was going to charity. This year I'm giving to Comedy

Cures AND Sloan Kettering. Show was awesome. Peter Mazzeo made a great speech - He is a great guy!

Wednesday, May 18, 2011

Chemo # 6...I can see the finish line...My cousins Baby Landen and Jodi came to visit me..He is ADORABLE. Definitely kept me happy - they should rent babies out at chemo to cheer up the people.

Monday, May 23, 2011

Got a call from the American Cancer Society offering their services. Either a makeover or they would hook me up with someone to talk to. How nice is that? I told them I didn't lose my hair and that I work for a makeup company, so I really didn't need a makeover. And as for talking to someone, I have Saranne - She's my go to girl. Then I asked if there was anything I could do to help HER? She told me about a walk in Queens for Making Strides. I said, that sounds like fun, sign me up!

Wednesday, May 25, 2011

Had to miss the Laura Geller Luncheon - I feel like crap...All I do is cancel plans- I hate this..I miss the gym...I'm not myself.

Saturday, May 28, 2011

In Boston with Richie - He is doing a movie with Kevin James called Here Comes the Boom. Met Henry Winkler (LOVE him) but I don't feel well. Supposed to stay till Monday, but I am going home today.

Monday, May 30, 2011

Spent ALL day getting votes for George the doorman for the MY Doorman Rocks Rocks contest sponsored by Verizon. After over 9000 votes, we won by 165 votes! We beat some guy in Brooklyn, Angel Mendoza...he must be pissed! He put in like 400 votes last night. He doesn't know who he is messing with! George won a Large Flat Screen, a tablet, a WII, a DVD player, surround sound - a video recorder...The same prize package went to the Super and one lucky voter.

Thursday, June 2, 2011

Checked Rita's email for her while we were having coffee and SHE was the lucky winner of that Verizon contest! What are the odds? She took the big TV and gave me EVERYTHING else! COOL! All that hard work paid off. I sent Angel Mendoza \$100 for giving us a good fight...Don't mess with the Bay Club! Took my last Neulasta shot- GOOD RIDDANCE!

Friday, June 3, 2011

Mom's Birthday. Thank god for mom - she is my rock!

Wednesday, June 15 2011

LAST CHEMO! Surrounded by friends and family....It was brutal - she couldn't get the needle in. If this wasn't my last one, I think I'd quit! I've had it. Went to Dazie's to celebrate. IT'S OVER! Did I mention I hate needles? I have about a month till radiation starts! No needles - who cares?

Wednesday, June 22, 2011

My Birthday. Woopee....

Monday, July 11, 2011

Started radiation - piece of cake....Especially since I have the cancer insurance and I get \$255/day...Lucky? Not so sure....but it can't hurt. Everyone there is BEYOND nice - I will like seeing them every morning for 33 days in a row...

Friday, July 15, 2011

Had dinner with Jon Op. I NEEDED that so much! Nothing like an old friend. Laughed like I haven't laughed in a long time. ! I hope it's not years till the next dinner!

Saturday, July 23, 2011

I'm organizing a team for the Making Strides in Breast Cancer Walk. Told Diane to come up with a team name...she suggested Bosom Buddies - I didn't love it at first, but when I drew the logo in the air making the B a set of boobs....I was liking it more and more...

The logo for 'Bosom Buddies' is written in a stylized, cursive font. The word 'Bosom' is on the top line and 'Buddies' is on the bottom line. The 'B' in 'Buddies' is significantly larger and more decorative, with a small pink heart shape at the end of its tail.

Sunday, July 24, 2011

Brunch with Lisa and Artie. I LOVE THEM. So Effed up to sit with your best friend from 8th grade and talk Cancer. Weird moment...I'm glad we stayed friends all these years - I need her!! Glad we can still laugh and cry...cry and laugh...felt good!

Monday August 1, 2011

Went to the Meadowlands to model for an NFL catalog...They picked 10 survivors and I got chosen. I can't believe I'm a survivor - still feels weird...

Friday, August 12, 2011

Kick off Breakfast for the Making Strides walk...I was mentioned for raising so much money for them! COOL! I love working with John Link, he keeps me very motivated. John and I are going to go to Parkside Restaurant when this is all over and celebrate!

Monday, August 15, 2011

Had the girls over - Diane, Lisa K. Barbara, Patty and Phyllis. Told them we are putting on a Comedy Show at the Bay Club to raise money for our Bosom Buddies team and that they were the raffle committee and we need to start getting prizes from wherever we go. LOVE THEM! They just go with the flow...

Thursday, August 18, 2011

Starting to get burns on my boobs from the radiation...not too attractive- one week to go!

Described to Melissa what I envisioning for the Bosom Buddies logo...One big B that looks like boobies-she sent me some options with the breast cancer ribbon on top...I told her to drop the ribbon down and make it the E in buddies...vwa-la...I think we now have our logo!

Thursday, September 8, 2011

I noticed that Jet Blue was a sponsor of the Kick Off breakfast last week - So it got me thinking. I met a guy outside Parkside one night two years ago who worked for Jet Blue. He gave me his business card and I just threw it in my desk. I sent him an email explaining that since we met I was diagnosed with cancer- that I was doing a fundraiser and have lots of prizes, just no GRAND prize...I asked if there was any way he could hook me up...you never know unless you ask...

Thursday, September 15, 2011

No word from Jet Blue. Sent ANOTHER email saying..."should I take that as a no?" 2 hours later I got an email from someone else at Jet Blue saying they are HAPPY TO DONATE 2 TICKETS ANYWAHERE JET BLUE FLIES! WOW - you don't know unless you ask! Now I have my GRAND PRIZE! ..and JetBlue has a fan for life!

Friday, October 14, 2011

Comedy Night at the Bay Club – SOLD OUT! Peter Mazzeo and the Hit Squad, Richie Minervini, Dave Segal and Mitchell Walters kicked ass!! Raffle raised over \$4000! Total night raised about \$9000!

Saturday, October 15, 2011

Went to Mark Wilson's Hanks Yanks baseball game. The kids have been raising money for the Bosom Buddies for the past few weeks at all their games. When I got there they presented me with flowers and a check for \$1000! Unbelievable...Their goal was \$250!! Nice boys...Ray Negron with the Yankees invited my family to meet the Yankees next season...cool!

Sunday, October 15, 2011

WOW! The Making Strides walk is FINALLY HERE! A beautiful day too...when I got there, I felt like a celebrity...everyone from the American Cancer Society knew me...John surprised me and presented my team with a banner...Loved it...we had 51 walkers and everyone was FREAKING out over our shirts. They wanted to buy one...hmmmmm...

Monday, October 16, 2011

I called the lawyer, started a corporation called Bosom Buddies Inc. and trademarked the name and the logo. I think this could be big. It's a fun way to make awareness. They say there is a reason for everything; maybe this is why I got sick.

Tuesday October 17, 2011

Ordered business cards, more shirts and sweatshirts...We are now in business!

Wednesday, October 18, 2011

Ordered pink bags, ribbons and tissue paper – this is getting expensive. Is it as good idea as I think? Failure is NOT an option!

Tuesday, November 1, 2011

Went to see new Pain Management Dr. Got a TENS unit – REALLY? I am starting to wonder if Sloan is the best hospital in the world or do they just have good marketing? Well, they got rid of the Cancer, so I guess they are OK. Just not thrilled with this never ending back pain.

Wednesday, November 2, 2011

Went for the celebration dinner at Parkside with John Link. What a great night. I think we will be friends for a long time! He's a great food sharer and the conversation was never at a lull. We can do so much together for the American Cancer Society. I get very motivated when someone is cheering me on and he is the greatest person to have in my corner. We discussed Bosom Buddies becoming a Flagship Sponsor at the next walk. That would give me a tent and my logo on all their literature. Sounds so cool...That is the first goal of Bosom Buddies...\$7500! Let the games begin...

Friday, November 11, 2011

Going to VEGAS today to meet Richie. Wore Bosom Buddies shirt – a few people expressed interest. Shari Goldfarb, my Oncologist was on my plane –how weird...we were delayed so we had breakfast together..then took a cab together to our hotels – VERY nice girl – I'm glad I changed doctors!

Saturday, November 12, 2011

Started a Bosom Buddies Facebook page – have 61 followers –not sure what I'm doing, but I'm reading my Facebook for Dummies book! I'm going to do a craft fair next weekend and sell BB clothes– Melissa is ordering me a banner and working on our website –Diane and I will work the fair with some help from Dad of course...I'm flying by the seat of my pants here, but it feels right.

Sunday, November 13, 2011

Tami's Birthday. Spoke to her last night.

thankful I didn't lose my hair.. I am thankful to have the support I had. I am thankful I had cancer insurance. AFLAAAAAAC!!! I am thankful to have the family and friends that I have. I am thankful that I formed Bosom Buddies and am loving watching it sell..piece by piece...putting smiles on people's faces, while creating awareness AND raising money for the cure. A TRIFECTA! Now as for the weight gain...jeez, I just beat cancer, I should be able to tackle this! I worked out with Ryan last night for the first time and did 4 miles on the treadmill this morning. A good start...now if I could only shut my damn mouth. I wish I could go on Biggest Loser...For some reason, I do much better when there is a competition....I'm not ready to get on a scale yet, but I'm hoping to get on the right track. I feel ready...My back still hurts but I am going to try and plow through it...So yes, today I am thankful for all that I have! I am truly blessed!

Friday, November 25, 2011

The Roth's are having a Bar Mitzvah this weekend – Festivities every night. A dessert buffet last night? REALLY? ugh–what was I thinking? I had a really nice time though...my family and the Roths...lots of fun! Sang Camp songs ...a good way to kick off the weekend! Went to the gym AGAIN this morning and did 4 miles! I think this is the first time I did 2 days in a row in MONTHS! Maybe I'm turning a corner – I really hope so –It feels so good to exercise! Physically and mentally! Got eyelash extensions this afternoon – something different...It looks nice, subtle, but nice. Ay least I don't have to put mascara on now...Dinner at Rothmann's tonight with the Novicks and Roths...PLEASE PLEASE PLEASE don't have dessert!

Monday, November 28, 2011

Well I went on the scale this morning...not a pretty sight! It was a beautiful Bar Mitzvah weekend...What a party!!! Lori and Steven did a fabulous job, too bad Robert didn't feel well and missed his whole party..ouch... Meanwhile, I had an allergic reaction to the eyelash extensions I got on Friday – so I felt pretty crappy myself all weekend! Going to dermatologist tomorrow...It was a nice little break with no doctors, but this I can handle...it's just very irritating..what an idiot I am...I should have know better...it's not my year...how many more days???

Tuesday, November 29, 2011

Cancelled Acupuncture for tennis – haven't played in months. I feel ready! THIS IS A GOOD SIGN – I'm BACK in business!

Treadmill, tennis...oh yeah! Happy days are here again :)

Wednesday, December 14, 2011

Went to Dinner with Jon Op last night. He's so easy to hang with - I love that! Sloan Appt got canceled today - good - not in the mood for them. Bosom Buddies has over 500 likes! YAY! I have a meeting tomorrow night with Facebook to do an ad campaign. I'm not sure why the 500 likes is important, but it is and I'll find out why tomorrow. Dinner tonight with Mom and Laura Geller - More laughs, more steak..have to get this fat ass on a diet-lol! Jan 1 look out - I'm on a mission!

Saturday, December 17, 2011

They say goals are only dreams until you write them down. I'm going to be very ambitious for 2012 -I feel like I want to make up for last year, which in my mind was counter productive and downright annoying (less maybe 2 or 3 days of it). At midnight on New Year's I will be so happy to kiss 2011 good bye and hopefully have a kickass 2012. OK the goals...here goes...I want to lose 30 lbs and I also need to raise \$7500 for the American Cancer Society in order to become a sponsor at the Breast Cancer Walk in October. I plan to post on Facebook that I am looking for sponsors to donate \$1 per pound for every pound I lose, but, in fact, thanks to a very generous friend, I am already starting with a \$100/lb donation. This is so awesome and I will keep myself honest by posting my weight each week on FB so people can follow me and talk about my weight behind my back...lol...I don't care - it is what it is and hopefully maybe I'll inspire someone to do it with me. So that's the goal...30 lbs by 4/30/12 and \$7500 for ACS. Luckily, one will bring the other..Kill two birds with one stone -

Sunday, December 18, 2011

OK FINALLY! Bosom Buddies made it's first internet sale to a stranger in California. So funny that I can plunk thousands of dollars into this venture and be so happy about a \$24.95 sale. But it's the point that a stranger liked my design - how cool is that? Today I am at Great Neck South HS for the 2nd day working a fair. It is so pathetic - nobody is shopping...this doesn't feel right...there is definitely a better use for my time. Glad I didn't sign up for any more fairs. I need a business strategy...something to ponder over the xmas vacation..

Went to the gym this morning - feels so good to be back and healthy and energetic.

This is what I put on Facebook today...Let's see what happens...

As I look back on 2011, I see that I have gained so much. Not only spiritually, but unfortunately on the scale too. After all the cancer treatments were done, I found myself with an uninvited

new 25 lbs. Now that I am feeling 100% better, it's time to fight back! OK...ready for my next fundraising idea? So glad you asked...I am looking for people to sponsor me \$1 per pound for every pound I lose between 1/2/12 and 4/30/12. All proceeds will be going to the American Cancer Society. Here's the deal: On Jan 2nd I will post my weight and continue to post it weekly; not for negative comments, but to hopefully keep me motivated and maybe inspire some people to join me. If I can battle cancer, hopefully I can win the battle of the bulge too! I will begin my health and fitness plan on Jan 2nd – and look forward to reaching my goal by April 30th. So, my "Bosom Buddies"... if you are up to the task and want to have a little fun with this for a good cause and sponsor me, just hit reply and say "Count me in". I'll track you down in May for the donation. With much love, Darcy

Monday, December 19, 2011

Got 22 sponsors yesterday! What cool friends and family I have- I'm really psyched for this and after the initial weigh in, which will be humiliating and embarrassing, I think more good will come from it. I am starting to get concerned that people might make some "not nice" comments...but I can only hope they take a step back and try and understand what I went through and what I am trying to accomplish...what am I worried about – I probably won't hear what is said behind my back anyway and hopefully in 4 months, I will be a success story and isn't that all that really matters? Gotta keep my eye on the prize and not get lost in the dogma...

Thursday, December 23, 2011

Went to Sloan yesterday – WOW! Clean bill of health and no Sloan appt till APRIL! What a nice Hanukah present. Shari (my oncologist) sponsored me for my weight loss challenge, she loved the idea. Her and her assistant Andrea are beyond sweet. I don't mind going there at all. I went for drinks at Valentino's last night with my first boyfriend from 10th grade. It's so weird that 30 years went by – it all went so fast. He reminded me how I used to do the dances from Rocky Horror for him and how we used to watch General Hospital after school...fun memories...

Monday, January 2, 2012 – LOSING IT FOR THE CURE BEGINS...

Happy New Year! OK 2012 – the year of NO EXCUSES! I feel better – beat Cancer and am ready to lose those 25 lbs that got me through a tough time. I have over 40 sponsors that believe in me and are paying anywhere from \$1 per pound to \$100 per pound with all the money going to the American Cancer Society – so I am EXTREMELY motivated. Now, the moment of truth – got on the scale this



Lose it for the Cure -
Day 1

morning and it's not pretty - See below - A picture is worth a thousand words- I figured I should make this very official since people are donating money, so I took it with today's NY Post to show the date-. Just don't judge me until you've walked a mile in my shoes - speaking of walking a mile in my shoes, I better go do that...Off to the gym...

Thursday, January 5, 2012

Feeling so much better already - looking forward to the Monday weigh in - have been to the gym every day either with the trainer or on the treadmill. Staying strong and dedicated - Just wish January was done already!

Monday, January 9, 2012

WOW! Week one is over and I just weighed in. 178! That's **7 lbs down** and **\$1057 raised for the American Cancer Society!** I can't tell you what a difference a week makes. I feel so much better already. I have tons of energy and am psyched! I went to Mohegan Sun for the weekend and even went to the gym while I was there! I know there is nothing like week one for weight loss, but I look forward to another week of smart choices and good results. I have to be honest, making myself accountable to Facebook is really working -it helped out this week when I needed to make a few food choices! So I am thankful to everyone for helping me through this.

Wednesday, January 11, 2012

Everything was going great and then I got a call from Sloan Kettering last night that I need to get my blood retested - my tumor marker was high from my last blood test. I'm sure it's nothing, but it feels like someone slapped me in the face when i wasn't looking...it made me realize that all this fun I'm having doing the Lose it for the Cure contest and joking around is really very serious and we can't lose sight of that. We need to find a cure so my nieces and their daughters won't have to go through this. Blood test Feb 20th. I'll ignore this until then! I just ran 4 miles and feel great - I know it's nothing, just wish they'd leave me alone.

Monday, January 16, 2012

Weighed in at 177. Lost ANOTHER pound! That's 8 lbs so far (32 sticks of butter as I like to look at it) and \$1432 raised so far for the American Cancer Society. Slow and steady wins the race.

This past week, I had my friend Diane's 50th Birthday dinner AND went to Mohegan Sun with Diane and Lois to celebrate- which by the way was AMAZING! Had a few glasses of wine, but

otherwise I made pretty healthy choices. I ran 4 times in the past week and worked out with Ryan twice. We saw Davie Jones (LOVED HIM) and Reba...Diane and I won \$1400 in the casino in Let it Ride! We got a FULL HOUSE! So exciting! We split the money and came home! I didn't get to go food shopping last Sunday, so I pretty much made a lot of last minute food decisions all week. Today I will go to Weight Watchers and then food shopping. I made a list of the meals I am going to eat, so I am better prepared. After that, I'll go get Super Bowl boxes at Sweeny's, my lucky bar!

Tues. January 17, 2012

OK www.thebosombuddies.com is complete and I love it. I can't believe I have a web site - I didn't see that coming. I really LOVE the logo and think it will be a huge success. We have almost 700 likes now...This is fun...hard work but fun...

Monday, January 23, 2012

LOST ANOTHER POUND! That's 9 lost and \$1638 raised for the cure. Going to Florida this Fri for my Aunt Florrie's 90th, so I can't weigh in till next Tues. I can't believe she's 90 - Time is fleeting...Hope to get to a 10 lbs loss next Tues. That will make for a successful month! But traveling always makes me nervous. I hate being taken out of my daily routine. Oh well, somehow I have to learn to deal with that - that's life! My new Accountant is coming tomorrow morning at 6:30 AM to set up Bosom Buddies on Quick Books. A house call? Love it! I have nothing to wear to Florrie's party Sat...why don't I just wait until the last minute? I wish I was thinner...oh who doesn't...I should just be thankful that I feel healthy and I can exercise. What a difference from a year ago! I had some nightmares last night that I was sick again and they told me had to wear a mask on the airplane from now on...that's the first nightmare I had, wonder why...anyway, I was glad when I woke up and it wasn't my reality! Giants are going to the Super Bowl - The next 2 weeks should be fun for NY! Over and out...

Tuesday, January 31, 2012

Went to Florida this past weekend for Aunt Florrie's 90th Birthday! How nice that was. Probably indulged a little more than I should have, but a good time was had by all. I saw cousins I haven't seen or spoken to in years. Family is so so important! It was so nice that everyone came together for this as opposed to just showing up for a funeral.

Had a nice weekend with Aunt Marilyn and now it's back to work, back to reality, BACK ON THE DIET TRACK! Oh how easily we wander...I'm not weighing in at Weight Watchers till this Sunday. Better get my ass in gear!

Monday, February 6, 2012

Weighed in at 175! That's 10 lbs lost and raised \$1840 for the American Cancer Society! My goal is 7.5 per month so we are on track for the 25-30 lbs by April 30th. Need to lose at least 5 in February to stay on track. Comedy Fest tickets went on sale this week - Let the fun begin! - Tennis tonight - I like that! Did 11.5 miles on the treadmill this weekend - I won't run today :)

Thursday, February 9, 2012

It's been one year since my surgery. Things are back to normal and I have to say, in some odd, sick way it's a little sad. In the past year, I reconnected with some old friends and it was amazing. If it wasn't for the Cancer, I probably would never have spoken to them again. So for that I am forever thankful. But now everyone is back to their routines and life goes on. My sister is back to herself, sometimes nice and sometimes not so nice - but now I just smile inside - I know how she REALLY feels - she showed me when the chips were down.

Saturday, February 18, 2012

Weighed in at 174~ ANOTHER pound gone. It's going slower than I thought, but that's 11 lbs total and \$2024 raised so far for the goal! Gotta remember, inch by inch it's a cinch, yard by yard is way too hard. OK off to the gym for me! Whitney Huston funeral today. I can't believe she was only 48. Life is so fragile...Scary...Blood test Monday...please be nothing...fingers crossed yet again!

Wednesday, February 22, 2012

~I got the results of the blood test yesterday and the CEA # they were looking at went from 5.6 to 5.8 (the range is 0-5). Doesn't look like a big jump to me and my Doctor is out of the country -I'm hoping to hear back from their office today. Going to Arizona for the weekend for a Bar Mitzvah. Hoping to stay focused on my weight loss plan -it's so hard when I get taken out of my normal routine! Took a friend to a "mobil Mammogram Screening" today- very cool - A truck came to LI City and they offered free screenings for uninsured and under-insured women. It dawned on me that maybe we should bring this truck to work and get people mammograms that can't afford it. I already thought of a name... a MANA-GRAM! (My company's name is MANA). I hope the boss likes the idea. Spoke to Sloan Kettering today...they don't know why the number increased, but since I got a lot of scans when I had my back pain in the summer, they aren't 100% concerned...but want me to go for another blood test on April 12th. If the number doesn't go down, I'll probably have to get some sort of testing. So the

waiting starts again! What a pain in the ass. I just want them to say it's over, done, gone...but I guess it's not that simple.

Monday, February 27, 2012

WOW – What a great weekend! It was so nice to spend time with family. The Bar Mitzvah was great and I saw so many people from high school since that part of the family is from Plainview too. My cousin Ellen and her son Scott are going to sell Bosom Buddies shirts at a Relay for Life event in April. That will be my first breast cancer event – hope it sells well – I have no clue how much to send her. Guess I'll worry about that later. Spent a lot of time talking to my cousin Lenny – that was nice. It was tough going to work today. I'm not getting on the scale till Wed – I ran 5 miles every day while I was away, but ate and drank...so we'll see...gotta live a little! My boss gave the OK for the mobile mammograms, so I sent the info to HR – I'm excited to see if people go for it. This could actually save a life...VERY cool! To be continued...

Thursday, March 1, 2012

Had a physical today. Oh goodie – more blood work, lol. On the bright side, I weighed 172 this morning. That's 13 lbs lost and 1/2 way thru this competition. Right on track for my 25 lb goal in 4 months. Raised \$2522 so far for the American Cancer Society. This is not easy and I thought I'd be more successful, but it is what it is. I am doing the best I can and will continue to try my hardest!

Tuesday, March 6, 2012

Lost ANOTHER pound! That's 14 so far...Slow and steady...Hope I win the race! No major plans this week, so I will focus on lots of exercise and try and break that barrier and get into the 160's! Tennis tonight, trainer tomorrow, yoga Thursday, tennis Friday and treadmill on the weekend! Ugh – I'm exhausted thinking about it. I'll take it one day at a time – Tonight is tennis...ah...that's better! Daylight savings this weekend...Spring is coming! FINALLY!

Friday, March 9, 2012

Why at yoga am I the only one who gets the giggles when someone else farts? How immature am I? I had such knots in my stomach trying not to lose it. If you go to YOUTUBE and watch TALK SHOW HOST CAN'T HELP BUT LAUGH you will understand what I went through last night. TORTURE! ...It's not even in English and it doesn't matter – giggles are universal...I love that! OK TGIF – off to work...

Tuesday, March 13, 2012

Went to tennis after work. Sweated my butt of and came out victorious. Planned on going home after but Joanne said "stay, it's my Birthday" - so I ordered a water, sang happy birthday....not sure what happened after that, but someone made e have a drink and 30 minutes later we were moving tables and dancing like there was no tomorrow. SO FUN! Dance like no one is watching...that's what we did...too bad people were taking pictures - lol

Thursday, March 15, 2012

A friend from 1st grade was just diagnosed with Breast Cancer. Wow- so many people from the same neighborhood. We need Erin Brokovich to figure this one out! She is seeing the surgeon today - my fingers are crossed -I know exactly what she is going through and its' pure hell. God I hope they find a cure soon!

Friday, March 16, 2012

Got another call from someone from high school. Her Mom was just diagnosed with Stage 1 Breast Cancer. I kind of like that people are calling me for advice. It's such a great feeling to help other people. I know how scary it is that first week. I don't wish it on my worst enemy.

Wednesday, March 21, 2012

WOW! Yet another friend called me to tell me she was diagnosed with Breast Cancer! What the hell is going on? It really makes you stop and think...Think about what matters...what's important. On one hand I feel lucky..lucky to be able to give advice and share my experience and on the other hand...WTF - I can't believe this is happening all around me. I only hope I am giving the right advice and recommendations to people. I know I was happy with my treatment and I want everyone else to have the same experience. It was definitely the best of a bad situation...to be continued...on a happy note - going to Vegas Friday. I NEED THAT!

Monday, March 26 2012

took the red-eye home from Vegas - what a great weekend! I ate and drank a little too much, but won \$600 in the casino and had lots of laughs. It was nice to forget about everything for a weekend! WELL NEEDED! Back to reality!

Tuesday, March 27, 2012

Was too whimpy to get on the scale - I need a few days to get back on track and lose the effects of the weekend...oy...I need to learn to eat healthier on vacation...oh give it a break - IT WAS VACATION - lol -anyway now it's over and I'm paying the price.

Friday, March 30, 2012

OK I faced the music and after a few days of discipline, I'm down 15 pounds total! Better than I thought...OK back on track. I just need to remember we have a choice of 2 pains - discipline or regret -and regret lasts so much longer than discipline! I'm relaxing at home tonight waiting to see if anyone will win the mega millions lottery for about 700 million! Oh what I could with that \$\$\$! It was worth the price of the ticket - I spent that money all week in my head!

Saturday, March 31, 2012

Didn't win the Mega millions - what a shocker! I went to the Eye Dr this morning where Shari Hershkowitz (who I grew up with on Bluebird Lane) works. While we were reminiscing, I got a text from David Lennett that his Dad passed away last night (another neighbor from Bluebird Lane 40 years ago) - what are the odds? It's really sad - Time is going too fast. Feeling very down today. Friends are sick; friend's parents are dying and, oh I don't know - I just need to crawl under the covers tonight and hope the sun will come out tomorrow.

Sunday, April 8, 2012

I have a big week ahead of me. Tomorrow I am going to dinner with Saranne from Comedy Cures and then I am going to see Richie and Kevin James at Westbury Music Fair. After that I'd like to go to the Brokerage Comedy Club, there is a roast for Chris Monty, but I might be too old for all this activity on a Monday night - we'll see...Tuesday is Tennis. Thursday I have my first mammogram since the surgery. I'm not really scared,- but I will be relieved when it's over. Coincidentally, Thursday is also the day that the Mobile Mammogram van is coming to Mana (where I work). 47 people signed up for it - how cool is that? Friday I am having the tennis girls come over to support my friend Barbara, who is embarking on the Breast Cancer journey...That's what it's all about - Love and support. I know for me, it made all the difference in the world.

Tuesday, April 10, 2012

Lose it for the cure update: weighed in at 168. That's 17 lbs total. More importantly, that's a little over \$3000 raised for the American Cancer Society. I wish it was more, but it's so hard - with Holidays and dinners, etc. I just wish I had more self control. Exercise-wise, I am ok, I ran 5 miles a day for the past 3 days - that felt great! I Hope to get to 20 lbs by April 30th - the end of the contest. Had a healthy dinner with Saranne last night from Comedy Cures and then went to the show at Westbury Music Fair which was amazing! 3000 people on a Monday night when they are normally closed! When Richie Minervini introduced Kevin James, it was like the Beatles were performing - the place was rocking, magic in the air! Richie was beyond funny as always, Adam Ferrara was awesome and Kevin slayed them-it's so funny that 20 years, I saw that same show at the East Side Comedy Club, same guys... It's so amazing what they've accomplished today. Kudos to all of them...At the end of the show Eddie Money made a surprise appearance and that was very cool.

Thursday April 12, 2012

What a great day! The Boobie Van came to work and 37 people got Mammograms. I was so happy to see that all the donations and hard work that we do actually pay off. Then I went to Sloan and had MY mammogram and...drum roll please...I AM FINE! HOORAY! I am clear for another 6 months. Once I get the results of the blood test, I'll be super happy, but I'm feeling pretty positive!

Thursday, April 18, 2012

My niece Joelle's 21st Birthday! It seems like yesterday I was holding all 5 lbs of her in one hand. WOW - time flies. Got my blood test results - the cancer number hasn't changed, still a little bit out of the range, but I'm thinking if it didn't go up, that's good! I got a letter from the American Cancer Society today thanking me for all the \$ I raised last year. They said I was in the Top 20 Pacesetter's in the country. A Pacesetter is an individual who raises over \$2500 in their Making Strides Event. I hope I can do it again next year. People are going to start running from me if I keep asking them for donations. I never thought I'd be "that person", but I feel compelled to keep helping. At the Breast Cancer Mammo screening last week, I gave the ladies who worked the van Bosom Buddies T-shirts - one of the girls posted the pics on Facebook and I sold 8 more shirts! After the Comedy Fest, I will concentrate on growing Bosom Buddies and getting the word out to help raise awareness!



Bosom Buddies!

Sunday, April 29, 2012

Wore a Bosom Buddies sweatshirt to Duane Reade and the cashier commented - I gave her a business card and she bought a hoodie from the website - I love that! It made my day...

Monday April 30, 2012

Well, here's some exciting news - I got an email that I was one of the top 20 fundraisers in the country and one name was chosen to win a set a

JetBlue tickets and I WON! I didn't even know they were going to do that! How exciting! It's funny..Jet

Blue donated tickets to my fundraiser which helped me to raise tons of money and now I got a trip out of it. Now that's good Karma! Tomorrow is the end of the weight loss contest. I am hoping that I lost 20 lbs! Not my original goal, but I feel so much better, healthier and happier.

Tuesday, May 1, 2012

I DID IT! 20.5 lbs. lost...CONTEST OVER! I still have more weight to lose, but that's ok :) Now I have to collect all the money I raised - It should be about \$3000! It was a fun way to raise \$\$\$. All good!

Sunday, May 6, 2012

Went on a day cruise around NYC with the Coopers. The American Cancer Society invited all the "Pacesetters", people who raised over \$2500. H&M sponsored it. It was a beautiful day.

When we got on the boat we were given a raffle ticket. At some point they raffled off some H&M gift cards -then they said they had one more pair of Jet Blue tickets to give away...and can you believe with over 300 people on the boat, I WON! That's right - ANOTHER set of round trip tickets - Where to go?? So exciting! What a great day - I needed a day on the water - it was so peaceful, I could really use a vacation after the Comedy Fest, I'm getting tired.

Wednesday, May 9, 2012



AFTER!

I can't believe my baby niece is 17 today! I keep being reminded how time is flying! I can't wait till next weekend to celebrate with her – Richie and his daughter Olivia are coming next Friday too..I love Comedy Fest weekend. Dinner Friday with my parents, nieces, sister, Richie and Olivia, Comedy Fest Saturday and a Brunch on Sunday! Let the festivities begin. I decided to raffle off 2 of my Jet Blue tickets in the lobby at the Comedy Fest!– this way we can raise more \$\$\$ – I still need \$7500 for the Making Strides in Breast Cancer sponsorship and I only raised about \$3000 with the weight loss contest...Hopefully this will help.

Sunday, May 13, 2012

A friend I have had since childhood just got some very sad news. She has breast cancer, got a double mastectomy last week and they tested 31 lymph nodes and found cancer in all of them. That is the harsh reality of this awful disease. I make a lot of jokes and spend a lot of time raising money in a "fun" way. But this is what it's all about.

Breast Cancer Journey Part 2 – It Gets Better

Friday May 18, 2012

This girl Andrea who does PR did me a favor and sent out a Press Release on Bosom Buddies a few months ago. As luck would have it, the Ladies Home Journal contacted her and asked if I would be in a feature they are doing in October. It wouldn't be about Bosom Buddies, it's 10 women survivors who are being interviewed and they take about 2 quotes from each person. So today was my photo shoot and interview and it was very exciting! I'm looking forward to seeing the issue!

Saturday, May 19, 2012

10th ANNUAL LONG ISLAND COMEDY FEST! What a night! My niece and all my friends came and helped sell raffle tickets and t-shirts! They are just the greatest! The show was AMAZING! We presented one of those oversized checks to John Link from the American Cancer Society for \$33,894. It's the first time I ever spoke at the Comedy Fest! I was so nervous – people say I did OK, but who knows...I was way out of my comfort zone. I wish I could speak publicly and not be nervous –but that's not the case. Oh well...Everyone seemed to like the show – The Comedians were terrific, the band rocked it! Harvey, an 80 year old man in my building played the sax with the band and got a standing ovation! My friend Phyllis won the JetBlue tickets, that was cool! We sold 234 raffle tickets. Between the raffle and the t-shirts, we raised over \$3500.

I am WELL ON MY WAY to raising the \$7500 I need to become a sponsor at the walk in October! Good times...Saw so many old friends - It really was a special night. I am lucky in so many ways. I'm going to go count the money I raised and then count my blessings...so much counting to do...over and out!



May 20, 2012 at 9:11 PM 1

Tuesday, June 5, 2012

Heard an ex-boyfriend was in the hospital in a coma and that it doesn't look good - WOW! He was just at the Comedy Fest-Life can change so fast. He wasn't good for me but we had a powerful connection that only he and I understood. I think I have to go visit him and say good bye.

Wednesday, June 6, 2012

Drove 2 hours in traffic to go see Bobby and it was worth it. He was hooked up to so many machines - I couldn't believe it. I was trying to talk to him, telling him to fight and get better. I was telling him to squeeze my hand or blink if he can hear me and ...nothing. Then I called Gretchen to meet me there. When she got there, we talked about the "old days" trying to put Bobby in a good place. Then he woke up! It was insane - The nurse came in, I said he is

suffering - I can see it in his face, help him!! Gretchen was so calm and I was screaming HELP HELP! So the nurse came in and brought him some morphine and that was the end of that. He went back to sleep. I wonder if that's the last time I am going to see him. I find it hard to believe, this man was invincible - If I didn't see it for myself, I would bet he was faking the coma - just to get the propofol...I only wish that was the case this time.

Thursday, June 7, 2012

Had a PET Scan today - I hope everything is OK - I am in no mood for any Cancer crap - I feel too good! Got an email around noon saying that Bobby was on a ventilator and he might have brain damage from the lack of oxygen, etc..all sad news. Then at 3:30PM Stephen called me to tell me that Bobby used his cell phone to call his brother and asked him to bring food to the hospital? REALLY? I knew he was invincible! I am so happy for him. I hope he does what he's told to get better.

Sunday, June 10, 2012

Sold Bosom Buddies at a Relay for Life Event in Plainview -it was so nice...I got that warm community feeling...Had lots of visitors and again, people seem to love the logo...Not sure where I'm going with this, time will tell. I don't think I have any events between now and the big walk in October. I heard Bobby is going home tomorrow - that's good news. Hope to get the results of the PET scan tomorrow...

Tuesday, June 12, 2012

Pet Scan is fine...Dodged another bullet! YAY! Spoke to Bobby for 2 hours tonight-I felt a lot better hearing his voice.

Sunday June 17, 2012

WOW! What a weekend...Went to visit Richie on the movie set of Grown Ups 2. ..Two of his daughters were there (Vanessa and Olivia) - They are too cute...we were like one happy faux family all weekend - cuddling every morning (my favorite part)- laughing ALL day long while the kids were calling me step-monster...good stuff...went to dinner with Richie and a very nice couple in Marblehead Wednesday night, then took the kids to Boston while Richie worked on Thursday. We shopped and got lost -went for steamers and New England Clam Chowder - yum! Friday night I went to dinner with Steff, her Mom, Vanessa and Olivia while Richie had dinner at a different table with his brother Craig and his kids... and then Taz came over to our apartment later - I loved hanging with all of them - Taz had me rolling! We all played cards

till about 3 or 4 AM! On Sat we drove to Mohegan Sun to see Neil Diamond .. 3rd row seats! Thanks Richard Zazzaro! Turned the girls onto Wheel of Fortune slot machine - that was fun - lost a few bucks in the casino and then went to Richard Zazzaro's for Sunday Brunch. He is really a great guy and what a nice family he has - I am happy for him - he deserves all that! Drove home and Lisa and my parents came over for Father's Day and that was really nice too..We ordered in dinner and hung out. It was so relaxing - I couldn't have asked for a better weekend...ok maybe it would have been a little better if i won some \$\$ in the casino - lol

Saturday, June 23 2012

My Birthday was yesterday. I was so overwhelmed by all the well wishes -I got almost 300 notes on Facebook...and texts and phone calls - what a great circle of friends and family I have...I was hoping for one text particularly, but didn't hear from him. Oh well. Maybe it's better this way, who knows. Time will tell. Last night was a party at the Bay Club - Peter Mazzeo's band played and we ate, drank and danced all night. It was a great night- what a difference from a year ago when I was just finishing chemo. I'm really trying to do more now and appreciate each day that I am healthy. Things can change so quickly.

Friday June 29, 2012

Going to Vegas with my Mom and Joelle. I could use a little R & R. It will be nice to see Vegas through my nieces eyes...Ran five miles this morning - feeling great...thankful for every day I feel like this :)

Tues July 3, 2012

Vegas was nice...Joelle is such an angel! I wish great things for her and Nikki. I wish they lived closer so I could spend more time with them. Hopefully they will end up in NY! Fingers crossed!

Thursday, July 19, 2012

Wow! Just found my friend Sabrina has stage 4 lung cancer. When is this going to stop...It's EVERYWHERE! I can't imagine what her family is going through. Life is so fragile... It will be a matter of months - I can't believe it. Sad day today. Went to the dentist and then out to dinner with Nicole and Nick. I love hanging out with them. Hopefully tomorrow will bring some better news. I feel like I just write in this blog when bad things happen...or maybe nothing that great has happened lately. I need a change - gotta shake things up...

Thursday, Sept 13, 2012

The article came out in The Ladies Home Journal. A few people I know emailed me that they saw it. I am so overwhelmed with the line up of activities I have coordinated in the next 6 weeks. We have a Rally for the Cure, Eat for the Cure, Party for the Cure, Laugh for the Cure and Walk for the Cure. I might have bitten off more than I can chew! Time will tell! Right now I'm exhausted and nervous. My apartment is filled with Bosom Buddies stuff and I just hope I can pull all these plans off and raise lots of \$\$\$\$. I was asked today to be featured on my Company's website for Breast Cancer Awareness Month- they are featuring 3 people - I was happy/honored to be chosen.

Sunday, September 30, 2012

Had a Rally for the Cure tennis event yesterday and raised \$1620 for the American Cancer Society. Then I got a call today from a girl that saw us at the Northport Show. Her and her friends are walking at the Making Strides walk in Jones Beach and they want to wear Bosom Buddies shirts! How cool is that? Lots of events coming up in the next few weeks, it's all very exciting!

February 3, 2014

It's been a year and a half since I've written here. Just to update.

My friend Sabrina lost her battle with Cancer and now her son is having a baby. The circle of life. My Aunt Marilyn, who beat colon Cancer, also beat lung cancer. My friend from first grade is still fighting the good fight and I am feeling great. THANK GOD! I'm still battling the weight loss issue. I guess the Cancer battle was easier than the battle of the bulge...but I'll keep on trying ☺

I made a decision to stop asking people for donations and to make my donation money by doing events. I am having my 2nd Bowling Event soon and doing lots of Comedy shows. To date Bosom Buddies has raised about \$98,000...Our next event will put us over \$100,000. I have been to hell and back and if I had to do it all over again to get me where I am today, I would. I have seen the best in people and more importantly, I think Cancer brought out the best in me.